

EVENTS

HBI UPDATES

FORMER MISS WORLD DIANA HAYDEN MAKES BEST USE OF EGG FREEZING

Wednesday, 30 March 2016



Little Arya Hayden doesn't know it yet, but she is the result of a medical marvel. Former Miss World Diana Hayden, who won the pageant in 1997, and has appeared on Bigg Boss and in films like Tehzeeb, made the crucial decision to freeze her eggs eight years ago. And now, at the age of 42, Diana delivered Arya, a child born out of that egg frozen years ago.

Diana was 32 when she read about egg freezing for the first time in 2005. And, she froze 16 eggs with infertility specialist Dr. Nandita Palshetkar between October 2007 and March 2008. This gave her the freedom to pursue a career, liberating her from the worry of having to listen to the ticking of her biological clock.

Diana fell in love and married American Collin Dick at the age of 40. But found out she had endometriosis—a painful condition in which the inner lining of the uterus starts growing outside as well. Her age coupled with her condition put a question mark on the quality of her eggs. But thanks to advanced technology of egg freezing, Arya was born earlier this year.

The infertility specialist team of Dr. Nandita Palshetkar and Dr. Hrishikesh Pai, infertility specialists attached to Lilavati Hospital, Mumbai, and The Fortis Group of Hospitals, Delhi believes Diana could be a poster girl for egg freezing. "She is among the first to use egg freezing for lifestyle reasons," said Dr. Hrishikesh Pai.

Explaining his remark, Dr. Pai said, "Times have changed. So has the lifestyle of people. These days, people are getting married late and having kids even later. That's why this technology is important and more relevant, than say what it was 10 years ago."

Even Hollywood stars including Kim Kardashian, Jennifer Aniston, Jennifer Love-Hewitt and Sofia Vergara have come out in the open to talk about their fertility choices and have chosen to freeze their eggs. In what is another indicator of the increasing popularity of egg freezing, Silicon Valley giants such as Facebook and Apple both cover the egg freezing procedure as part of their insurance benefits