

THE **LYRICISTS** WHO  
ARE MAKING A DIFFERENCE

NEWSSTAND COPY

OCTOBER 2016 • ₹100

■ A MAGNA PUBLICATION  
www.societymag.co.in

# Society



## EGG BANK Parenting

### **DR HRISHIKESH PAI,**

Consultant Gynaecologist and Infertility specialist attached to the Lilavati and Bhatia hospitals in Mumbai and the Fortis group of Hospitals, Delhi, says, egg banking helps to balance the choice of parenthood and career—a constant dilemma for any woman.

Egg banking or egg freezing, as it is known, gives a woman the choice to experience parenting/motherhood, something she might have been delayed either due to career, desire to travel, late marriage, the ticking away of the biological clock or medical reasons.

Simply put, egg banking is the extraction of a woman's eggs, which are then frozen and stored. When motherhood beckons, or when the feeling of experiencing parenthood overwhelms a woman, irrespective of her age or medical complications, these

that your biological clock and society puts on you. Comedian Whitney Cummings sums it up very beautifully when she says, 'Ever since I froze my eggs, I'm chillin'

### **A Scientific Marvel**

The emotional feeling is just one variable when it comes to making a decision on parenthood. The knowledge that today one can opt for motherhood any time is allowing women to make informed decisions on when to have a baby. Nowhere should this empowerment be interpreted as women wanting to escape motherhood. Rather, it is a marvel that they have options.

Traditionally, planned parenthood was limited to the spacing of children. No anymore! The standardised technique of egg banking offers good outcome and is a beacon of hope for women who choose to

to spend their lives with. And, the decision to wait does impact women's window of fertility to produce children since the reproductive eggs dwindle and dry up with age.

### **The Best of Both**

The growing popularity of egg banking is an indication that parenting can be a reality, no matter how delayed or how complicated it is because of medical reasons. In India, former Miss World Diana Hayden gave birth to a baby girl this January with the help of her eggs that she had frozen eight years ago. Global celebrities who have helped egg banking get social acceptability include Celine Dion, Kim Kardashian, and eminent actor-cum-socialist Zsa Zsa Gabor, among others.

Women today have that choice available to them and want to exercise this choice. To be able to become pregnant, deliver a child, breastfeed, look after babies and mold the future generation is an empowering feeling that women want to